## RSEC2021: CONTRIBUTE TO OUR COMMUNITY ADVICE VIDEOS!

Our different communities allow us to face the specific and ongoing physical, emotional, and research challenges we have to navigate. For our conference this year, we wanted to provide a space for our academic community to inspire and support each other.

We're creating a collective advice section and we need your help! Tell us one thing which helped you cope with any challenge - either over the last year or otherwise. Send us a short video (up to 1 minute) and we'll play all the videos at our online conference on 24th May.

We'd love advice from everyone - be it doctoral researchers, staff (academic/admin), educators or students - about a range of approaches which helped you persist.

**Video format:** You can record and send it using your phone or any other device (we prefer landscape videos). Please make sure that your audio is clear.

Send your video to: edursec@leeds.ac.uk

Send it by: **21st May** 2021

We're very excited to receive your videos and share them with everyone!

RSEC2021 Committee

